



HALF-DAY SAFETY WEBINAR: MEDICAL SURVEILLANCE AWARENESS - MAKING A HEALTHIER WORKPLACE.

March 11, 2026 (Wednesday) 08.30am - 1.00 pm

Via Zoom Online

HRDCORP SBL - KHAS PROGRAM NO: TBA
TRAINING PROVIDER MYCOID: 007907X_SELKL

INTRODUCTION

This half-day training aims to create awareness on Occupational Health Surveillance requirements in Malaysia, in line with OSHA 1994, related regulations, ICOP and DOSH guidelines.

Participants will gain a clear understanding of how to implement, maintain and ensure compliance with medical surveillance requirements under the Occupational Safety and Health framework.

OBJECTIVES

- Understand the purpose and requirements of the Occupational Safety and Health Act.
- Equip participants with an awareness of the general requirements of the Occupational Safety and Health Act and related Regulations.
- Enhance participants' ability to take actions in compliance with the Act and Regulations
- Ensure compliance with legal and regulatory requirements related to Occupational Safety and Health

RM432 (MEMBER)
RM540 (NON MEMBER)
Inclusive SST @ 8%



**5 CEP
DOSH
APPROVED**

SPEAKER PROFILE (Mr Harris Raj)

Harris Raj Kumar is an enthusiastic and dynamic trainer and consultant with nearly 20 years of hands-on experience in manufacturing, covering production, supply chain, quality control, EHS, and sustainability. He has held managerial roles in Production, Supply Chain, EHS, and Sustainability within Malaysian manufacturing companies.

He holds a BSc in Chemistry and a Master's in Polymer Chemistry from Universiti Putra Malaysia. A DOSH Malaysia Green Book holder and HRDF-certified trainer, he also possesses a Diploma in Project Management and PRINCE2 Foundation certification. Harris has led organisations to achieve ISO 14001 and OHSAS 18001 certifications and is experienced in dangerous goods management for sea and air transport.

He conducts training on HIRARC, PPE, chemical handling, scheduled waste management and Malaysian EHS laws. Currently, he is a Certified Sustainability Practitioner and a certified Ergonomics Trained Person, actively supporting organisations in sustainability and CSR initiatives.

FMM Selangor & Kuala Lumpur Half-Day Safety Webinar

Medical Surveillance Awareness – Making a healthier workplace.

March 11, 2026 (Wednesday) 08.30am - 100 pm Via Zoom Online

Closing Date:
March 04, 2026 (Wednesday)

SBL-KHAS SCHEME
This programme is claimable under SBL-KHAS. FMM will claim the course fee directly from the employer's account with HRDF. However, approval from PSMB is required prior to commencement of programme by submission via eTris under Skim Bantuan Latihan (SBL-KHAS). The company has to make the FULL PAYMENT to FMM in the event that no disbursement from HRDF (SBL KHAS scheme) under any circumstances.

WHO SHOULD ATTEND?
All employees, managers, and supervisors who are required to manage or working in High-Risk areas.

Fee	Per Pax	8% Service Tax	Total
Member	RM400	RM32	RM432
Non-Member	RM500	RM40	RM540

PAYMENT METHOD

- Cheque payable to: "FEDERATION OF MALAYSIAN MANUFACTURING"
- E-Payment: Malayan Banking Berhad A/C No: 5121-0160-3721 (Swift code: MBBEMYKL)

REPLACEMENT/CANCELLATION/NO SHOW

- Replacement is allowed at no additional cost.
- Cancellation must be in writing to FMM Selangor & Kuala Lumpur seven (7) days before the programme; otherwise, there will be no refund.
- Participants who do not attend the seminar are liable for the full fee.

TECHNICAL INFORMATION

- For SBL-Khas Scheme, grant approval must be forwarded to FMM at least 3 days before the seminar date.
- Within 1 week after registration, confirmation email will be sent to participants. Kindly email to fmmselangor@fmm.org.my if the participant did not receive any email from FMM.
- Details of seminar will be emailed to participants 48 hours before commencement of the session.
- FMM reserves the right to cancel or reschedule the event. All efforts will be taken to inform participants of changes. FMM is not responsible for any costs incurred by participants in the event of cancellation or a reschedule.

FMM Selangor & Kuala Lumpur

- 03-55692950
- En Asrul / Pn Norhayati
- fmmselangor@fmm.org.my

Please tick accordingly
() Claiming for HRDC-SBL-KHAS
() Not Claiming for HRDC-SBL-KHAS

NO	Name	IC Number	Designation	Email
1				
2				
3				

Time	Session
9.00AM – 9.15AM	Module 1: Malaysian Occupational Safety and Health Act (OSHA) Overview
9.15AM – 9.30AM	Module 2: Introduction to Health Surveillance
9.30AM – 10.00AM	Module 3: Guideline and Code of Practice
10.00AM – 10.30AM	Module 4: The Surveillance Process
10.30AM – 10.45AM	Morning Break
10.45AM – 11.15AM	Module 5: Reporting & Action
11.15AM – 11.45AM	Module 6: Record Keeping
11.45AM – 12.15PM	Module 7: Duties & Responsibilities
12.15PM – 12.45PM	Module 8: Review, Q&A and Action Planning
12.45PM – 01.00PM	Module 9: Conclusion and adjourned

Submitted by:

Name:_____

Designation:_____

Company:_____

FMM Membership No:_____

Tel:_____ **Fax:**_____

Email:_____

Address:_____

Company TIn No: _____